



### WHAT CONDITIONS MAY BENEFIT?

All painful postural conditions caused by muscular imbalance as a result of faulty foot stimulation.

#### These include:

Flat feet, claw feet, knock knees, excessive pronation and supination of the feet, scoliosis, plantar fasciitis, achilles tendonitis, lower back pain, neck pain, painful hips and knees, tension headaches, poor posture & tight shoulders



### CONTACT US



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FOLLOW THE INSTRUCTIONS FOR USE.
IF SYMPTOMS PERSIST, TALK TO YOUR
HEALTH PROFESSIONAL.

Your Practitioner:





BETTER BALANCE

ORTHOTICS

STOP HURTING - START PERFORMING

Better Balance Orthotics are made in Australia.

betterbalanceorthotics.com



## CUSTOMISED FOR YOU

Better Balance Orthotics are a unique device for improving posture, balance and neurology.

They are personalised, custom designed and prescribed by health professionals such as chiropractors and podiatrists in order to ensure the best fit for your needs.

Better Balance Orthotics are a thin combination of rubber and synthetic suede containing pockets that are filled with Poron® rubber.

They are so flexible and thin that they can be worn comfortably in any shoe. (Including heels and open toe!)

# HOW DO THEY WORK?

Better Balance Orthotics work by stimulating the muscles in the feet to naturally function better. As a result the whole body functions better.

Better Balance Orthotics do not simply support the arches, as most other orthotics do. Instead they actively retrain the feet, so they can achieve lasting functional improvements, not just temporary support.





### **Almost Everybody!**

As the world becomes urbanised the majority of the population is walking in shoes on hard level concrete surfaces. This does not allow for the proper reflex stimulation of the growing foot and muscular imbalances often occur.

Your practitioner is able to assess if using Better Balance Orthotics is a good option for you.

